

One of the best things about cheerleading is being part of a caring & supportive team. To make sure that everyone feels safe, valued & respected it's important that we all agree to behave in a responsible way. Whilst this policy might seem a bit strict, it is written following 25 years of working with young people & their families; the policy attempts to cover some of the issues most likely to negatively impact team relationships.

By participating in Buzz Cheer training & events, I am agreeing to the following:

# CODE OF CONDUCT

• I agree to attend training on time with a positive attitude and will listen to the coaches and instruction given in order to be the best athlete I can be

• I will wear the scheduled practice clothes to each practice, without excessive make up and nails cut to a reasonable length. Hair will be tied up and in plaits for all sessions. No jewellery will be allowed.

• I agree to commit to BUZZ CHEER for the full season and that I will attend all competitions, events and training sessions set out by BUZZ CHEER and I understand that no refunds will be given for missed sessions, competitions or uniforms

- I will arrive at all competitions on time with my uniform, hair and makeup completed
- I understand that no swearing, bullying or use of antisocial behaviour is accepted at BUZZ CHEER nor is any negativity towards other athletes or any other team
- I agree that I will be respectful on social media and will not use BUZZ CHEER team names as profile/usernames
- I understand that coaches have the right to move athletes from teams should they feel it is necessary and that coaches always have the athlete's health and safety as a priority
- I agree to email coaches a minimum of 4 weeks prior to planned holidays
- I understand that missed practices, especially within 3 weeks of a competition, may result in the loss of my place on a team

• I agree to pay all fees for training, uniform and competitions by the dates given and understand that no refunds will be given

- I will help with fundraising events that will benefit myself and the rest of the team
- I will respect the training facilities and equipment and will not misuse it in any way
- I will not bring 3rd parties to the gym without prior consent from BUZZ CHEER coaches
- I understand that I nor any parent will be allowed to use the BUZZ CHEER logo or name on their own merchandise without prior consent
- I understand that failure to adhere to the above rules may result in me being asked to leave BUZZ CHEER

## PHOTOGRAPHY AND VIDEO

I am aware that photographs and video footage may be taken during authorised events for coaching and promotional purposes. I give permission for the athlete to be photographed or video during any BUZZ CHEER event

and give permission for such photographs and video to be used for the promotion of BUZZ CHEER activities and publicity. I waive the right to approve any photographs or videos and understand that there will not be any compensation for the use of these photographs or videos.

# COMPETITIVE TEAM ATTENDANCE POLICY

Please be fully aware that cheerleading is a demanding team sport and requires full attendance as one person missing will affect the whole team. If you are committing to being part of a BUZZ CHEER competitive team you are expected to attend ALL competitions and practices.

## EXCUSED

- Graded School event/exam
- Fever/vomiting/contagious illness
- Family death/funeral

# NOT EXCUSED

- Homework/revision
- Parties, birthdays, meals etc
- menstrual cramps/tiredness
- Recreational sport event
- Holidays or any absence within 4 weeks of competition

We do not wish to scare anyone with our policies but simply need to advise how important it is that athletes attend every session if they wish to be on a competitive team. By joining you agree to all of the above terms and understand that failure to comply may result in the loss of your place on the team.

## SOCIAL MEDIA POLICY

BUZZ CHEER understands the importance of and need for the responsible use of social media and their responsibility for helping to safeguard young people. We ask all members, parents and people in positions of trust to read the BUZZ CHEER Policy and ensure that they, their child or the young people in their association have understood the importance of the policy and the expectations on them in relation to their use of social media.

## I understand that:

• I will not post or give out any personal details, such as name, address, age and contact numbers, either of myself or any other person

- I will not arrange to meet anyone without the knowledge and consent of my parent/carer;
- I will not deliberately browse, download, access or post any material that could be offensive, threatening or illegal;
- I agree to report material, posts or contacts which I find upsetting or cause me concern;
- I will not take part in any craze/challenge or otherwise that may be deemed harmful, inappropriate or offensive

• I agree that I will not speak negatively about or to any other athlete, coach, team, parent, friend or family member on any social media channel

• I understand that if there is need for anyone to take action as a result of my use of social media in the sport my parent/carer may be contacted.

• I have read and understand the BUZZ CHEER Social Media policy and understand that I may be subject to disciplinary action should I breach its usage guidance

The parent / legal guardian/ athlete (if 18yrs+) of the athlete do consent that she/he may participate in sports activities with Buzz Cheer. I recognise the risks involved when taking part in any activity involving height and motion, including cheerleading, dance and gymnastics. I accept that BUZZ CHEER, its staff and coaches are not responsible for determining whether the athlete is fit to take part. I confirm that the athlete is physically fit and healthy and I will advise BUZZ CHEER of any change. I declare that I consider the athlete capable of taking part. I understand that BUZZ CHEER & coaches will not be held responsible for accidental loss, damage or injury to the athlete unless negligence can be proved.

I consent and authorise BUZZ CHEER and its staff and coaches to give the immediate necessary authority on my behalf for any medical treatment recommended by competent medical authorities in the case of emergency at any authorised event the athlete is participating in or attending. I further understand that every effort will be made to contact me. I will not hold BUZZ CHEER legally or financially responsible for any claims arising from consent and medical treatment for the athlete named.